



Frequently Asked Questions (FAQs)

1. Where do you get your ideas from for the angel art paintings?

Sometimes I **have a subject**, like the Global Art Project for Peace to create an artwork for. So I sit down and focus on the subject, when channelling the content, as I have done it in The Blanket of Love – Raising Consciousness painting.

Another time I would like to **receive messages for a client or family members**. It usually starts with having a chat, even a card reading with the person and then I receive extra information in a form of painting with additional messages coming through, like in Motherly Love.

Yet another time I just have an **urge to paint** and I have no idea why. Sometimes I carry this feeling for weeks, until I find the time to let it flow on the paper and then the picture appears as I start working, and then the messages flow. (Earth Angel)

2. How do you find the time to write?

It is a difficult one, as I am extremely busy, being an **energy healer**, which consists of being a Reiki Therapist, Crystal healer, Qi Gong teacher and Law of Attraction practitioner, and an **artist**, creating healing paintings and healing jewellery. I also enjoy putting into practise my **web designer and applied graphic designer** knowledge, whilst designing and creating my **marketing** material, maintaining my online shop and a lot more.

So I do work 8 - 15 hours per day, 7 days a week. But this is different from working in a traditional sense. First of all my work is my passion, my hobby and secondly I work intuitively with my Divine team of helpers, being guided by them.

I am also a wife and a step-mom, I have many friends and I like travelling, so I do get overwhelmed from time to time. It is amazing to have a purpose, a mission and knowing that I help people every day

Everything I do is the expression of who I am and why I am here for. I have found my path and it's my heart's desire to paint, teach, learn constantly and pass my knowledge on to uplift others. Based on Ryan Eliason life coach's "10 best ways to get paid for changing the world" I work for 3 of them Raising consciousness and empowering people, Healing, and Opening hearts and providing inspiration and joy. And it makes me feel alive and happy.

3. How do you sense the angels?

Most people think the only way to sense the angels is to see them with our physical eyes. I see them with my mind's eye. When I close my eyes I see them gathering or simply just sense their presence. I work with them, when I do healing work, I ask them to help me with writing and I channel messages from them, when I am creating artworks.

4. What is Channelling?

It is connecting with beings from other dimensions and becoming a channel for energy and messages to be transmitted from them to humans.

www.spiritual-wonders.com