The Positives and Negatives in your Life

Look around in your life! Everything you see is the result of you, working with the Law of Attraction. Not knowing how it works means you can accidently get it right sometimes, and wrong at other times.

1. Write down what are the positive things you have and what are the negative ones? Think about everything: relationships, events, material goods…

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2. Now think about the differences in your thinking, emotional state, etc. before these things, people came into your life! i.e. how you ended up with the positives and the negatives? Write down what was in common in them? (1. your thoughts, 2. your emotional state, 3. your vision or lack of it)

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